



## **SOS Approach to Feeding Training Course (5-Day) International Host Overview 2027**

Thank you for your interest in Hosting the SOS Approach to Feeding Training Course: **SOS Approach to Feeding: Assessment and Treatment of Pediatric Feeding Challenges.**

The **5-Day Hybrid Training Course** is specifically designed for professionals who are interested in learning the SOS Approach to Feeding program for assessing and treating children with feeding difficulties. The SOS Training Course provides:

- A comprehensive understanding in the theory of the SOS Approach
- An in-depth understanding of how children learn to eat and to not eat
- General and specific feeding treatment strategies
- Details of the assessment of feeding disorders
- How to conduct an SOS Approach to Feeding therapy session.

This Training Course includes didactic materials in a PowerPoint format, along with video review of children's eating difficulties and direct participation of attendees in eating, breathing and posture exercises (example Agenda provided upon request), as well as group practice of the SOS treatment strategies.

In order to help you make the best-informed decision about co-hosting an SOS Training Course, we ask that you review the following information in full. These guidelines and requirements are designed to help create an optimal learning experience for the Training Course participants.

Once you have reviewed all of the information provided, please submit the requested information on the SOS Website <https://sosapproachtofeeding.com/host-a-conference/>. Or, you can contact the SOS Training Course Manager at [info@sosapproach.com](mailto:info@sosapproach.com) with any additional questions you may have or to follow up on your status.

Thank you so much for your interest in Co-Hosting an SOS Approach to Feeding Training Course. We look forward to the opportunity to partner with you.

Sincerely,

A handwritten signature in black ink that reads "Kay A. Toomey, PhD". The signature is written in a cursive, flowing style.

Dr. Kay A. Toomey and Staff

***Course Requirements, Agenda and Benefits outlined in the following document are subject to change without notice. Final requirements, Agenda and benefits to be reflected in the contract submitted by Toomey & Associates, Inc. to the Host, once the Host reserves and confirms the Training Course dates.***



## **5-Day SOS Approach to Feeding Training Course**

### **SOS Approach to Feeding: Assessment and Treatment of Pediatric Feeding Challenges**

#### **Schedule/Agenda**

**1 Day** = the first 9 hours of the Training Course have been pre-recorded, and the Training Course Registrants must complete this segment on their own time BEFORE attending the in-person part of the course

**4 Days** = In-Person Attendance from 8:30am to 5:30pm for Days 1-4

Please contact the Conference Manager if your site cannot accommodate these times.

Please see the sample Agenda at the end of this document for course schedule and topic details.

#### **Hosting Agency/Site Responsibilities:**

1. 2027 Speaker's Fees = the fees will be tiered based on the number of individuals registered for the Seminar. The Speaker Fee below pays for all Speakers.

##### For a 5-Day Hybrid Training Course (U.S. Dollars)

- \$19,500.00 if 50-75 attendees at the Seminar\*
- \$20,500.00 if 76-100 attendees at the Seminar\*
- \$21,000.00 if 101-150 attendees at the Seminar\*
- \$21,500.00 if 151-200 attendees at the Seminar\*
- \$22,500.00 if 201-250 attendees at the Seminar\* (more than 200 registrants, 3 speakers are required)
- \$23,500.00 if 251-300 attendees at the Seminar\* (more than 200 registrants, 3 speakers are required)
- \$24,500.00 if 301-350 attendees at the Seminar\* (more than 300 registrants, 3 speakers are required)

\*US Dollars

**\*\* NOTE:** *Speaking fees are subject to change without notice. Final speaking fees to be reflected in the contract submitted by Toomey & Associates once the host reserves and confirms the course dates.*

2. A \$2,000 Administrative Fee (over and above the Speaker Fee for the Hybrid SOS Training Course) will be due on the last day of the In-Person Segment of the Training Course. This Administrative Fee covers the costs for Toomey & Associates, Inc. to manage attendee access and technical support for the 8-hour, prerequisite Online Pre-Recorded Segment of the Hybrid SOS Training Course through Toomey & Associates, Inc.'s Online Learning platform. This fee will be Invoiced with the Speaker's Fee and sent to the Host 2 weeks prior to the first day of the In-Person segment of the Course.

### 3. Expense and Logistical Arrangements

- For 0-199 Registrants =
    - Travel expenses (Business Class travel for out-of-the-country speaking engagements)
    - Lodging and food for all days (including traveling days) for 2 Speakers; 2 hotel rooms (queen-sized beds) required
    - Printing of handouts
    - Audiovisual equipment fees
    - Room/site arrangement & fees
    - All speaker transportation needs
    - Course demonstration foods
    - Catering snacks and refreshments during breaks for the attendees
    - Travel VISA fees (if required)
    - All promotional materials including brochure and website
  - For 200 or more Registrants - If registrations exceed 200 or more registrants, the Host is responsible for Travel, Lodging and Food expenses for a total of 3 Speakers; 3 hotel rooms (queen-sized beds).
4. Facility Guidelines
- Meeting room sufficient to comfortably seat all participants at a table in a Classroom  
Style seating arrangement (no round tables)
5. Audiovisual Guidelines
- LCD projector + cords and screen
  - 2 lavalier microphones
6. Language Translation Needs
- The SOS Approach to Feeding Training Course is presented in English. If translation is required, the Host is responsible for the arrangement and payment of translation services. Notification of the decision to use translation services must be received 6 months prior to the first day of the course. Due to the technical language, amount of information presented and cultural differences, a translation service should be considered if English is not the primary language in the country where the course will take place.
  - The translation service if used, needs to provide “live time” translation
7. Continuing Education Information and Credits
- Requesting, providing and management of the Continuing Education credits is the responsibility of the Host.

PLEASE SEE EXAMPLE 5-DAY AGENDA BELOW

## **SOS APPROACH TO FEEDING:**

# ASSESSMENT AND TREATMENT OF PEDIATRIC FEEDING CHALLENGES

## TRAINING COURSE

### **PART 1 = PRE-RECORDED ONLINE SEGMENT** – (9 hours Educational Content)

15 minutes

#### **Chapter 1: Introduction and Requirements**

- Host Introduction
- Course logistics and requirements to pass

2 hours, 30 minutes

#### **Chapter 2: Prevalence and Scope of Problem**

- A. Scope of Problem & Development of SOS
- B. Prevalence Data – Growth Problems
- C. Prevalence Data – Feeding Problems
- D. Feeding Prevalence & Neurodivergent Populations
- E. SOS Iceberg

2 hours, 30 minutes

#### **Chapter 3: SOS Tenets and Top Ten Myths**

- A. Complexity of Feeding/Eating & the Role of the Environment
- B. Tenets of SOS & Top 10 Myths - Overview
- C. Myth 8: Picky Eaters vs Problem Feeders and PFD vs ARFID

2 hours

#### **Chapter 4: The Role of Learning in Feeding** - How children learn to AND not to eat

- A. Learning Theory
- B. Feeding Therapy Options
- C. Conditioning Video

1 hour

#### **Chapter 5: Foundations of Feeding Development - Motor and Sensory**

- A. Motor Milestones
- B. Sensory Milestones

1 hour

#### **Chapter 6: Foundations of Feeding Development - Cognitive**

- A. Cognitive Milestones

### **PART 2 = IN-PERSON SEGMENT**

#### **DAY 1:**

8:00am to 8:30am

Registration

8:30am to 8:45am

#### **Course Announcements**

- Course logistics and requirements to pass

8:45am to 10:30am

#### **I. Introduction**

#### **II. Feeding Theory & Milestones** - How children learn to AND not to eat

- B. Myth 1 = Breathing
- C. Myth 1 = Posture
- D. Oral-Motor Skill Acquisition & Developmental Food Continuum

## **DAY 1: (continued)**

10:30am to 10:45am	<u>Break</u>
10:45am to 12:30pm	<b><u>II. Feeding Theory &amp; Milestones</u></b> – continued <b>D. Oral-Motor Skills &amp; Developmental Food Continuum</b> – continued
12:30pm to 1:30pm	<u>Lunch</u>
1:30pm to 3:30pm	<b><u>II. Feeding Theory &amp; Milestones</u></b> - continued <b>E. Sensory Skill Acquisition</b> <b>F. Understanding the Role of Sensory Integration In Feeding</b> <b>G. Steps to Eating - Overview</b>
3:30pm to 3:45 pm	<u>Break</u>
3:45pm to 5:30pm	<b><u>II. Feeding Theory &amp; Milestones</u></b> – continued <b>H. Cognitive Development</b>

## **DAY 2:**

8:30 to 10:30am	<b><u>II. Feeding Theory &amp; Milestones</u></b> – continued <b>I. Psychological Developmental Stages</b>
	<b><u>III. Treatment/Interventions</u></b> <b>A. General Treatment Strategies</b> <b>1. Social Role Modeling</b> <b>2. Structure/Routine</b>
10:30am to 10:45am	<u>Break</u>
10:45am to 12:30pm	<b><u>III. Treatment/Interventions</u></b> - continued <b>A. General Treatment Strategies</b> - continued <b>3. The Correct Use of Reinforcement</b> <b>4. Accessing the Cognitive</b>
12:30pm to 1:30pm	<u>Lunch</u>
1:30pm to 3:30pm	<b><u>III. Treatment/Interventions</u></b> - continued <b>B. Food Jags</b>
	<b><u>IV. Assessment of Feeding Problems</u></b> <b>A. Referral Candidates</b> <b>B. Assessment Process</b> <b>C. Assessment by Subsystems</b> <b>1. Reasons Children Won't Eat</b> <b>2. What to Observe</b> <b>3. Practice Videos</b>
3:30pm to 3:45 pm	<u>Break</u>
3:45pm to 5:30pm	<b><u>IV. Assessment of Feeding Problems</u></b> - continued <b>G. Assessment Vignette 1 - Medically Complicated</b> <b>H. Assessment Vignette 2 - Family</b> <b>I. Parents' Experience</b>
	<b><u>V. The SOS Approach to Feeding – Theoretical Requirements</u></b> <b>A. Systematic Desensitization</b>

## **DAY 3:**

8:30 to 10:30am

### **V. The SOS Approach to Feeding – Theoretical Requirements**

B. Cues to Eating

C. Language Use

### **VI. The SOS Approach to Feeding – Therapy Sessions**

A. Therapy Format - Child

1. Room Set-Up + Modifications

2. Session Structure & Routine

10:30am to 10:45am

Break

10:45am to 12:30pm

### **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

A. Therapy Format - Child - continued

2. Session Structure & Routine - continued

B. Therapy Format – Parent

C. Modifications Across Settings

D. Sensory Based Problem Solving

12:30pm to 1:30pm

Lunch

1:30pm to 3:30pm

### **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

E. Progression Across Sessions

F. Graduation Criteria & SOS Data

G. Building a Food Hierarchy

1. Requirements

3:30pm to 3:45 pm

Break

3:45pm to 5:30pm

### **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

G. Building a Food Hierarchy

2. Practice

## **DAY 4:**

8:30 to 10:30am

### **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

H. Hierarchy Strategies – Moving Children Up the Steps

1. Disciplines' Roles

2. Play with a Purpose

3. Play techniques per Step

4. Practicing hierarchy strategies

10:30am to 10:45am

Break

10:45am to 12:30pm

### **VI. The SOS Approach to Feeding – Therapy Sessions** - continued

H. Hierarchy Strategies – Moving Children Up the Steps - continued

4. Practicing hierarchy strategies - continued

I. Hierarchy Strategies – Oral Motor Steps to Eating

1. Practicing hierarchy strategies

12:30pm to 1:30pm

Lunch

## **DAY 4: (continued)**

1:30pm to 3:30pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>I. Hierarchy Strategies – Oral Motor Steps to Eating</b> - continued 1. Practicing hierarchy strategies- continued <b>J. Videos: Progression Within Session (Sessions 1)</b>
3:30pm to 3:45 pm	<b><u>Break</u></b>
3:45pm to 5:30pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>K. SOS Data</b>  <b><u>VII. Managing Other Maladaptive Behaviors</u></b> <b>A. Vomiting</b> <b>B. Emotion Based Discipline</b>

**\*\*This Hybrid SOS Training Course (5 Days) has a 100% Attendance requirement. Registrants are expected to complete the 9-hour pre-recorded Online Segment of the Training Course (+ 15 minutes Instructions & Requirements) at least one week prior to attending the In-Person Segment of the Course. During the In-Person Segment of the Training Course, Registrants are expected to fully participate for the entire length of each day: Days 1-4 from 8:30am to 5:30pm. Registrants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the Training Course early. Registrants who arrive late or leave early will not receive their Certificate of Attendance or their CEU credits. There will be no partial CE credit awarded for this SOS Training Course.**

**PROFESSIONAL DEVELOPMENT HOURS/CONTINUING EDUCATION HOURS** (you must check with the HOST of your Training to determine what type of education or development hours are being assigned)

**Online Segment = 9 hours of content**

**In-Person Segment = 4 days x 7.5 hours each day (Days 1-4 In-Person) = 30 hours of content**

**TOTAL = 39 hours**