



## **SOS Approach to Feeding Main Training Conference (4.75 to 5 Day) International Host Overview 2026**

Thank you for your interest in hosting the SOS Approach to Feeding course: ***When Children Won't Eat: Picky Eaters vs. Problems Feeders. Assessment and Treatment Using the SOS Approach to Feeding.***

The **4.75 to 5 Day Main Training Conference** is specifically designed for professionals who are interested in learning the SOS Approach to Feeding program for assessing and treating children with feeding difficulties. The Main Training Conference provides:

- A comprehensive understanding in the theory of the SOS Approach
- An in-depth understanding of how children learn to eat and to not eat
- General and specific feeding treatment strategies
- Details of the assessment of feeding disorders
- How to conduct an SOS Approach to Feeding therapy session.

This course includes didactic materials in a Power Point format, along with video review of children's eating difficulties and direct participation of attendees in eating, breathing and posture exercises. (Please see the agenda provided as a separate attachment for the specific topics covered as a part of this training.)

In order to help you make the best-informed decision about hosting an SOS Training Conference, we ask that you review the following information on the next pages of this document in full. These guidelines and requirements are designed to help create an optimal learning experience for the course participants.

- Hosting Agency/Site Responsibilities
- Speaker's Fees
- Agenda

Once you have reviewed all of the information provided, please contact our Business Manager, Sunni Lisco at [sunnilisco@sosapproach.com](mailto:sunnilisco@sosapproach.com) with any additional questions you may have or to reserve your conference dates.

Thank you so much for your interest in hosting an SOS Approach to Feeding Training Conference. We look forward to the opportunity to partner with you.

Sincerely,

A handwritten signature in black ink that reads "Kay A. Toomey, PhD". The signature is fluid and cursive, with the last name "Toomey" being the most prominent part.

Dr. Kay A. Toomey and Staff

***Conference Requirements, Agenda and Speaking fees outlined in the following document are subject to change without notice. Final requirements, agenda and speaking fees to be reflected in the contract submitted by Toomey & Associates, Inc. once the host reserves and confirms the conference dates.***

## **4.75 to 5 Day Main SOS Approach to Feeding Conference**

### ***When Children Won't Eat: Picky Eaters vs. Problems Feeders***

*Assessment and Treatment Using the SOS Approach to Feeding*

#### **Schedule/Agenda**

**Days 1-4.75 = Day 1-4 from 8:00 am to 5:00 pm** with two 15-minute breaks and 1 hour for lunch each day; **Day 5 from 8:00 am to 3 pm** with one 15 minute break and 1 hour for lunch for English only conferences.

**Days 1-5 = 8:00 am to 5:00 pm**, with two 15-minute breaks and 1 hour for lunch each day for Conferences with translation to languages other than English.

Please contact the Business Manager if your site cannot accommodate these times.

Please request Agenda (given as a separate document) for course schedule and topic details.

#### **Hosting Agency/Site Responsibilities:**

1. 2026 Speaker's Fees = the fees will be tiered based on the number of individuals registered for the Seminar. The Speaker Fee below pays for all Speakers.

##### For a 4.75 to 5 Day Main Conference (U.S. Dollars)

- \$19,00.00 if 50-75 attendees at the Seminar\*
- \$20,000.00 if 76-100 attendees at the Seminar\*
- \$20,500.00 if 101-150 attendees at the Seminar\*
- \$21,000.00 if 151-200 attendees at the Seminar \*
- \$22,000.00 if 201-250 attendees at the Seminar \* (more than 200 registrants, 3 speakers are required)
- \$23,000.00 if 251-300 attendees at the Seminar \* (more than 200 registrants, 3 speakers are required)
- \$24,000.00 if 301-350 attendees at the Seminar \* (more than 300 registrants, 3 speakers are required)

\*US Dollars

**\*\* NOTE:** *Speaking fees are subject to change without notice. Final speaking fees to be reflected in the contract submitted by Toomey & Associates once the host reserves and confirms the conference dates.*

2. Expense and Logistical Arrangements

- For 0-199 Registrants =
  - Travel expenses (Business Class travel for out-of-the-country speaking engagements)
  - Lodging and food for all days (including traveling days) for 2 speakers; 2 hotel rooms (queen sized-beds) required
  - Printing of handouts
  - Audiovisual equipment fees
  - Room/site arrangement & fees

- All speaker transportation needs
  - Conference demonstration foods.
  - Catering snacks and refreshments during breaks for the attendees
  - Travel VISA fees (if required)
  - All promotional materials including brochure and website
- For 200 or more Registrants - If registrations exceed 200 or more registrants, Host is responsible for Travel, Lodging and Food expenses for a total of 3 speakers; 3 hotel rooms (queen sized-beds).
3. Facility Guidelines
    - Conference room sufficient to comfortably seat all participants at a table in a Classroom Style seating arrangement (no round tables)
  4. Audiovisual Guidelines
    - LCD projector + cords and screen
    - 2 lavalier microphones
  5. Language Translation Needs
    - The SOS Approach to Feeding conference is presented in English. If translation is required, the Host is responsible for arrangement and payment of translation services. Notification of the decision to use translation services must be received six months prior to the first day of the conference. Due to the technical language, amount of information presented and cultural differences, a translation service should be considered if English is not the primary language in the country where the conferences will take place.
    - The translation service if used, needs to provide “live time” translation
  6. Continuing Education Information and Credits
    - Requesting, providing and management of the Continuing Education credits is the responsibility of the Host.

PLEASE SEE EXAMPLE 5 DAY AGENDA BELOW

# When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

## CONFERENCE AGENDA

### **DAY 1:**

7:30am to 8:00am

Registration

8:00am to 10:00am

#### **I. Introduction**

A. Prevalence Data – Growth Problems

B. Prevalence Data – Feeding Problems

10:00am to 10:15am

Break

10:15am to noon

C. Complexity of Feeding/Eating & the Role of the Environment

D. Tenets of SOS

E. Top 10 Myths - Overview

F. Appropriate Diagnoses to Use

#### **II. Feeding Theory & Milestones** - How children learn to AND not to eat

A. Learning Theory

12:00pm to 1:00pm

Lunch - **On Your Own/Provided**

1:00pm to 3:00pm

#### **II. Feeding Theory & Milestones** – continued

A. Learning Theory continued

1. Feeding Therapy Options

2. Learning Video

3:00pm to 3:15 pm

Break

3:15pm to 5:00pm

#### **II. Feeding Theory & Milestones** – continued

B. Myth 1 = Breathing

C. Motor Skill Acquisition

D. Oral-Motor Skills & Developmental Food Continuum

### **DAY 2:**

8:00am to 10:00am

#### **II. Feeding Theory & Milestones** – continued

D. Oral-Motor Skills & Developmental Food Continuum *continued*

10:00am to 10:15am

Break

10:15am to noon

#### **II. Feeding Theory & Milestones** – continued

E. Sensory Skill Acquisition

F. Understanding the Role of Sensory Processing In Feeding

G. Steps to Eating - Overview

12:00pm to 1:00pm

Lunch - **On Your Own/Provided**

## **DAY 2 continued:**

1:00pm to 3:00pm

- II. Feeding Theory & Milestones** – continued
  - H. Cognitive Development
  - I. Psychological Developmental Stages

3:00pm to 3:15pm

Break

3:15pm to 5:00pm

- II. Feeding Theory & Milestones** – continued
  - I. Psychological Developmental Stages *continued*

- III. Treatment/Interventions**
  - A. General Treatment Strategies
    - 1. Social Role Modeling

## **DAY 3:**

8:00am to 10:00am

- III. Treatment/Interventions** - continued
  - A. General Treatment Strategies *continued*
    - 2. Structure/Routine
    - 3. The Correct Use of Reinforcement
    - 4. Accessing the Cognitive
  - B. Food Jags

10:00am to 10:15am

Break

10:15am to 12:00pm

- IV. Assessment of Feeding Problems**
  - A. Referral Candidates
  - B. Assessment Process
  - C. Reasons Children Won't Eat - Child Factors

12:00pm to 1:00pm

Lunch - **On Your Own/Provided**

1:00pm to 3:00pm

- IV. Assessment of Feeding Problems** - continued
  - D. Reasons Children Won't Eat - Environmental Factors
  - E. Reasons Children Won't Eat - Parent Factors
  - F. Practice Videos
  - G. Parents' Experience

3:00pm to 3:15pm

Break

3:15pm to 5:00pm

- V. The SOS Approach to Feeding – Theoretical Requirements**
  - A. Systematic Desensitization
  - B. Cues to Eating
  - C. Language Use

## **DAY 4:**

8:00am to 10:00am

- V. The SOS Approach to Feeding – Theoretical Requirements**
  - C. Language Use *continued*

- VI. The SOS Approach to Feeding – Therapy Sessions**
  - A. Therapy Format - Child *continued*
    - 1. Room Set-Up + Modifications
    - 2. Session Structure & Routine

10:00am to 10:15am

Break

## **DAY 4 continued:**

- 10:15am to noon **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
B. Therapy Format – Parent  
C. Modifications Across Settings  
D. Sensory Based Problem Solving  
E. Progression Across Sessions
- 12:00pm to 1:00pm **Lunch** - **On Your Own/Provided**
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
F. Graduation Criteria & SOS Data  
G. Building a Food Hierarchy  
1. Requirements
- 3:00pm to 3:15pm **Break**
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
G. Building a Food Hierarchy – Practice *continued*  
2. Practice

## **DAY 5:**

- 8:00am to 10:00am **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
K. Hierarchy Strategies – Moving Children Up the Steps  
1. Play techniques per Step  
2. Practicing hierarchy strategies
- 10:00am to 10:15am **Break**
- 10:15am to noon **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
K. Hierarchy Strategies – Moving Children Up the Steps *continued*  
2. Practicing hierarchy strategies *continued*  
L. Hierarchy Strategies – Oral Motor Steps to Eating  
1. Play techniques per Step  
2. Practicing hierarchy strategies
- 12:00pm to 1:00pm **Lunch** - **On Your Own/Provided**
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued  
M. Video: Progression Within Session  
N. SOS Data
- 3:00pm to 3:15pm **Break**
- 3:15pm to 5:00pm\*\* **VII. Managing Other Maladaptive Behaviors**  
  
A. Intervention strategies – Perseveration & Vomiting  
B. Emotion Based Discipline

**\*\* Registrants are expected to attend the course and participate fully for the entire length of each day (8am to 5pm), in order to receive their Certificate and their full Continuing Education Credits (if CEUs are given). Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early on any day. Any and all missed lecture time must be made-up before the end of the Conference in order for a Certificate to be received and/or permission to use the program to be given. Participants leaving before 5pm on the last day of the Conference will not receive a Certificate nor permission to use the program. Please make sure to make travel arrangements to leave the Conference AFTER 5pm on the last day. (Travel plans on trains and planes must be arranged so that participants do NOT leave the conference on the last day until after 5pm even if that means staying an extra night).**