

**When Children Won't Eat:  
Picky Eaters versus Problem Feeders**  
Assessment and Treatment Using the SOS Approach to Feeding

**AGENDA - Virtual Live Segment**

**DAY 1:**

7:30am to 8:00am

Conference Announcements **ATTENDANCE IS REQUIRED**

- Conference logistics and requirements to pass

8:00am to 9:45am

**I. Introduction**

**II. Feeding Theory & Milestones** - How children learn to AND not to eat

A. Myth 1 = Breathing

B. Motor Skill Acquisition

9:45am to 10:00am

Break

10:00am to 12:00pm

**II. Feeding Theory & Milestones** – continued

C. Oral-Motor Skill Acquisition & Developmental Food Continuum

12:00pm to 12:15pm

Test 1 - Day 1 – open book

12:15pm to 1:00pm

Lunch - *On Your Own*

1:00pm to 3:00pm

**II. Feeding Theory & Milestones** - continued

C. Oral-Motor Skills & Developmental Food Continuum - *continued*

D. Sensory Skill Acquisition

3:00pm to 3:15 pm

Break

3:15pm to 5:00pm

**II. Feeding Theory & Milestones** – continued

E. Understanding the Role of Sensory Processing In Feeding

F. Steps to Eating - Overview

5:00pm to 5:15pm

Test 2 - Day 1 – open book

**DAY 2:**

8:00am to 10:00am

**II. Feeding Theory & Milestones** – continued

G. Cognitive Development

H. Psychological Developmental Stages

10:00am to 10:15am

Break

10:15am to 12:00pm

**II. Feeding Theory & Milestones** – continued

H. Psychological Developmental Stages - *continued*

**III. Treatment/Interventions**

A. General Treatment Strategies

1. Social Role Modeling

2. Structure/Routine

12:00pm to 12:15pm

Test 1 - Day 2 – open book

12:15pm to 1:00pm

Lunch - *On Your Own*

## **DAY 2: (continued)**

- 1:00pm to 3:00pm **III. Treatment/Interventions** - continued
- A. **General Treatment Strategies** - *continued*
    - 3. **The Correct Use of Reinforcement**
    - 4. **Assessing the Cognitive**
  - B. **Food Jags**
- IV. Assessment of Feeding Problems**
- A. **Referral Candidates**
  - B. **Assessment Process**
  - C. **Reasons Children Won't Eat - Child Factors**
- 3:00pm to 3:15pm Break
- 3:15pm to 5:00pm **IV. Assessment of Feeding Problems** - continued
- D. **Reasons Children Won't Eat - Environmental Factors**
  - E. **Reasons Children Won't Eat - Parent Factors**
  - F. **Practice Videos**
  - G. **Parents' Experience**
- 5:00pm to 5:15pm Test 2 - Day 2 – open book
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- ## **DAY 3:**
- 8:00am to 10:00am **V. The SOS Approach to Feeding – Theoretical Requirements**
- A. **Systematic Desensitization**
  - B. **Cues to Eating**
  - C. **Language Use**
- 10:00am to 10:15am Break
- 10:15am to 12:00pm **VI. The SOS Approach to Feeding – Therapy Sessions**
- A. **Therapy Format - Child**
    - 1. **Room Set-Up + Modifications**
    - 2. **Session Structure & Routine**
  - B. **Therapy Format – Parent**
  - C. **Modifications Across Settings**
- 12:00pm to 12:15pm Test 1 - Day 3 – open book
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
- D. **Sensory Based Problem Solving**
  - E. **Progression Across Sessions**
  - F. **Graduation Criteria & SOS Data**
- 3:00pm to 3:15pm Break
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
- G. **Building a Food Hierarchy**
    - 1. **Requirements**
    - 2. **Practice**
- 5:00pm to 5:15pm Test 2 - Day 3 – open book

## **DAY 4:**

8:00am to 10:00am	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>G. Building a Food Hierarchy</b> - <i>continued</i> 2. Practice - <i>continued</i> <b>H. Hierarchy Strategies – Moving Children Up the Steps</b> 1. Play techniques per Step
10:00am to 10:15am	<u>Break</u>
10:15am to 12:00pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>H. Hierarchy Strategies – Moving Children Up the Steps</b> - continued 1. Play techniques per Step - continued 2. Practicing hierarchy strategies - continued
12:00pm to 12:15pm	<u>Test 1 - Day 4</u> – open book
12:15pm to 1:00pm	<u>Lunch</u> - <i>On Your Own</i>
1:00pm to 3:00pm**	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>I. Hierarchy Strategies – Oral Motor Steps to Eating</b> 1. Play techniques per Step 2. Practicing hierarchy strategies <b>J. Videos: Progression Within Session</b>
3:00pm to 3:15pm	<u>Break</u>
3:15pm to 5:00pm	<b><u>VI. The SOS Approach to Feeding – Therapy Sessions</u></b> - continued <b>K. SOS Data</b>  <b><u>VII. Managing Other Maladaptive Behaviors</u></b> <b>A. Intervention strategies – Perseveration &amp; Vomiting</b> <b>B. Emotion Based Discipline</b>
5:00pm to 5:15pm	<u>Test 2 - Day 4</u> – open book

**\*\*This Hybrid SOS Main Training Conference (4.5 Days) has a 100% Attendance requirement.**

- Registrants are expected to complete the 5.5 hours of On-Line Pre-Recorded segment of the Conference at least one week prior to attending the Virtual Live (In-person) segment of the Conference.
- During the Virtual Live (In-Person) segment of the Conference, Registrants are expected to fully participate for the entire length of each day: Day 1 = 7:30am to 5:00pm AND Days 2, 3 and 4 from 8:00am to 5:00pm.
- Registrants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the Conference early.
- Registrants who arrive late or leave early will not receive their Certificate of Attendance or their CEU credits.
- There will be no partial CE credit awarded for this Conference.