

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

DAY 1 :

7:30am to 8:00am

Registration

8:00am to 8:15am

Conference Announcements

- Host Introduction
- Conference logistics and requirements to pass
- Land Acknowledgement

8:15am to 10:15am

I. Introduction

- A. Prevalence Data – Growth Problems**
- B. Prevalence Data – Feeding Problems**
- C. Complexity of Feeding/Eating & the Role of the Environment**
- D. Tenets of SOS**

10:15am to 10:30am

Break

10:30am to 12:30pm

- D. Top 10 Myths - Overview**
- E. Appropriate Diagnoses to Use**

II. Feeding Theory & Milestones - How children learn to AND not to eat

- A. Learning Theory**
 - 1. Feeding Therapy Options**
 - 2. Video**

12:30pm to 1:30pm

Lunch - *On Your Own*

1:30pm to 3:30pm

- B. Myth 1 = Breathing**
- C. Motor Skill Acquisition**
- D. Oral-Motor Skill Acquisition & Developmental Food Continuum**

3:30pm to 3:45 pm

Break

3:45pm to 5:30pm

- D. Oral-Motor Skills & Developmental Food Continuum – continued**

5:30pm to 5:45pm

End of Day Test – open book

DAY 2:

8:00am to 10:15am

II. Feeding Theory & Milestones - continued

- E. Sensory Skill Acquisition**
- F. Understanding the Role of Sensory Processing In Feeding**

10:15am to 10:30am

Break

10:30am to 12:30pm

II. Feeding Theory & Milestones – continued

- G. Steps to Eating - Overview**
- H. Cognitive Development**

12:30pm to 1:30pm

Lunch

DAY 2 continued:

1:30pm to 3:30pm

II. Feeding Theory & Milestones – continued I. Psychological Developmental Stages

III. Treatment/Interventions

A. General Treatment Strategies

1. Social Role Modeling
2. Structure/Routine

3:30pm to 3:45 pm

Break

3:45pm to 5:30pm

III. Treatment/Interventions - continued

A. General Treatment Strategies

3. The Correct Use of Reinforcement
4. Accessing the Cognitive

B. Food Jags

IV. Assessment of Feeding Problems

- #### A. Assessment Process
- #### B. Referral Candidates

5:30pm to 5:45pm

End of Day Test – open book

DAY 3:

8:00am to 10:15am

IV. Assessment of Feeding Problems - continued

C. Reasons Children Won't Eat

D. Child Factors

E. Environmental Factors

F. Parent Factors

G. Practice Video 1

H. Practice Videos

I. Parents' Experience

V. The SOS Approach to Feeding – Theoretical Requirements

- #### A. Systematic Desensitization

10:15am to 10:30am

Break

10:30am to 12:30pm

V. The SOS Approach to Feeding – Theoretical Requirements - continued

B. Cues to Eating

C. Language Use

VI. The SOS Approach to Feeding – Therapy Sessions - continued

- #### D. Therapy Format - Child
1. Room Set-Up + Modifications

12:30pm to 1:30pm

Lunch - On Your Own

1:30pm to 3:30pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

D. Therapy Format – Child

2. Session Structure & Routine

E. Therapy Format – Parent

F. Modifications Across Settings

G. Sensory Based Problem Solving

3:30pm to 3:45pm

Break

DAY 3 continued:

- 3:45pm to 5:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
H. Progression Across Sessions
I. Graduation Criteria & SOS Data
J. Building a Food Hierarchy
1. Requirements
- 5:30pm to 5:45pm End of Day Test - open book

DAY 4:

- 8:00am to 10:15am **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
J. Building a Food Hierarchy
2. Practice
K. Hierarchy Strategies – Moving Children Up the Steps
1. Play techniques per Step
- 10:15am to 10:30am Break
- 10:30am to 12:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
K. Hierarchy Strategies – Moving Children Up the Steps - continued
1. Play techniques per Step - continued
2. Practicing hierarchy strategies
L. Hierarchy Strategies – Oral Motor Steps to Eating
- 12:30pm to 1:30pm Lunch - *On Your Own*
- 1:30pm to 3:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
M. Video: Progression Within Session
N. SOS Data
- VII. Managing Other Maladaptive Behaviors**
A. Intervention strategies – Perseveration & Vomiting
B. Emotion Based Discipline
- 3:30pm to 3:45pm End of Day Test– open book

**** This Conference has a 100% Attendance requirement. Registrants are expected to attend the course and participate fully for the entire length of each day (8:00am to 5:30pm, Days 1-3), and to stay at the course from 8:00am to 3:30pm on the last day in order to receive their Certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.**