

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

LIVE STREAMED CONFERENCE AGENDA - EASTERN USA TIME ZONE

DAY 1 :

- 7:30am to 8:00am **ANNOUNCEMENTS** (**REQUIRED** *Instead of Registration*) regarding requirements and conference structure, CE's, other administrative details, ZOOM introduction and test of your interactive capabilities.
- 8:00am to 10:00am **I. Introduction**
A. Prevalence Data – Feeding Problems
B. Prevalence Data – Growth Problems
C. Complexity of Feeding/Eating & the Role of the Environment
- 10:00am to 10:15am **Break**
- 10:15am to noon **D. Tenets of SOS**
E. Top 10 Myths - Overview
F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones** - How children learn to AND not to eat
A. Learning Theory
1. Feeding Therapy Options
- 12:00pm to 12:15pm **SOS Test Questions** - *On Your Own*
- 12:15pm to 1:00pm **Lunch** - *On Your Own*
- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** (continued)
2. Learning Video
B. Myth 1 = Breathing
C. Motor Skill Acquisition
- 3:00pm to 3:15 pm **Break**
- 3:15pm to 5:00pm **D. Oral-Motor Skills & Developmental Food Continuum**
- 5:00pm to 5:15pm **SOS Test Questions** - *On Your Own*

DAY 2:

- 8:00am to 10:00am **II. Feeding Theory & Milestones** - continued
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
- 10:00am to 10:15am **Break**
- 10:15am to noon **II. Feeding Theory & Milestones** – continued
G. Steps to Eating - Overview
H. Cognitive Development
- 12:00pm to 12:15pm **SOS Test Questions** - *On Your Own*
- 12:15pm to 1:00pm **Lunch** - *On Your Own*
- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** – continued
I. Psychological Developmental Stages
- III. Treatment/Interventions**
A. General Treatment Strategies
1. Social Role Modeling
2. Structure/Routine
- 3:00pm to 3:15pm **Break**
- 3:15pm to 5:00pm **III. Treatment/Interventions** - continued
A. General Treatment Strategies - continued
3. The Correct Use of Reinforcement
4. Accessing the Cognitive
B. Food Jags
- IV. Assessment of Feeding Problems**
A. Assessment Process
B. Referral Candidates
C. Reasons Children Won't Eat
D. Child Factors
- 5:00pm to 5:15pm **SOS Test Questions** - *On Your Own*

DAY 3:

- 8:00am to 10:00am **IV. Assessment of Feeding Problems** - continued
E. Environmental Factors
F. Parent Factors
G. Practice Videos
H. Parents' Experience
- 10:00am to 10:15am **Break**
- 10:15am to noon **V. The SOS Approach to Feeding – Theoretical Requirements**
A. Systematic Desensitization
B. Cues to Eating
C. Language Use

DAY 3: continued

- 12:00pm to 12:15pm SOS Test Questions - *On Your Own*
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions**
D. Therapy Format - Child
1. Room Set-Up + Modifications
2. Session Structure & Routine
- 3:00pm to 3:15 pm Break
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
E. Therapy Format – Parent
F. Modifications Across Settings
G. Sensory Based Problem Solving
- 5:00pm to 5:15pm SOS Test Questions - *On Your Own*

DAY 4:

- 8:00am to 10:00am **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
H. Progression Across Sessions
I. Graduation Criteria & SOS Data
J. Building a Food Hierarchy
1. Requirements
- 10:00am to 10:15am Break
- 10:15am to noon **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
J. Building a Food Hierarchy – continued
2. Practice
K. Hierarchy Strategies – Moving Children Up the Steps
1. Play techniques per Step
2. Practicing hierarchy strategies
- 12:00pm to 12:15pm SOS Test Questions - *On Your Own*
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
K. Hierarchy Strategies – Moving Children Up the Steps - continued
L. Hierarchy Strategies – Oral Motor Steps to Eating
- 3:00pm to 3:15 pm Break
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
M. Video: Progression Within Session
N. SOS Data
- VII. Managing Other Maladaptive Behaviors**
A. Intervention strategies – Perseveration & Vomiting
B. Emotion Based Discipline
- 5:00pm to 5:15pm SOS Test Questions - *On Your Own*