

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

DAY 1:

7:00am to 8:00am	Registration
8:00am to 8:15am	Conference Announcements <ul style="list-style-type: none">• Host Introduction• Conference logistics and requirements to pass• Land Acknowledgement
8:15am to 10:15am	<u>I. Introduction</u> <ul style="list-style-type: none">A. Prevalence Data – Growth ProblemsB. Prevalence Data – Feeding ProblemsC. Complexity of Feeding/Eating & the Role of the EnvironmentD. Tenets of SOS
10:15am to 10:30am	<u>Break</u>
10:30am to 12:30pm	D. Top 10 Myths - Overview E. Appropriate Diagnoses to Use <u>II. Feeding Theory & Milestones</u> - How children learn to AND not to eat <ul style="list-style-type: none">A. Learning Theory<ul style="list-style-type: none">1. Feeding Therapy Options2. Video
12:30pm to 1:30pm	<u>Lunch</u> - <i>Provided</i>
1:30pm to 3:30pm	B. Myth 1 = Breathing C. Motor Skill Acquisition D. Oral-Motor Skill Acquisition & Developmental Food Continuum
3:30pm to 3:45 pm	<u>Break</u>
3:45pm to 5:30pm	D. Oral-Motor Skills & Developmental Food Continuum – continued
5:30pm to 5:45pm	<u>End of Day Test</u> – open book

DAY 2:

8:00am to 10:15am	<u>II. Feeding Theory & Milestones</u> - continued <ul style="list-style-type: none">E. Sensory Skill AcquisitionF. Understanding the Role of Sensory Processing In Feeding
10:15am to 10:30am	<u>Break</u>
10:30am to 12:30pm	<u>II. Feeding Theory & Milestones</u> – continued <ul style="list-style-type: none">G. Steps to Eating - OverviewH. Cognitive Development
12:30pm to 1:30pm	<u>Lunch</u> - <i>Provided</i>

DAY 2 continued:

1:30pm to 3:30pm

- II. Feeding Theory & Milestones** – continued
 - I. Psychological Developmental Stages**

- III. Treatment/Interventions**
 - A. General Treatment Strategies**
 - 1. Social Role Modeling**
 - 2. Structure/Routine**

3:30pm to 3:45 pm

Break

3:45pm to 5:30pm

- III. Treatment/Interventions** - continued
 - A. General Treatment Strategies**
 - 3. The Correct Use of Reinforcement**
 - 4. Accessing the Cognitive**
 - B. Food Jags**
- IV. Assessment of Feeding Problems**
 - A. Assessment Process**
 - B. Referral Candidates**

5:30pm to 5:45pm

End of Day Test – open book

DAY 3:

8:00am to 10:15am

- IV. Assessment of Feeding Problems** - continued
 - C. Reasons Children Won't Eat**
 - D. Child Factors**
 - E. Environmental Factors**
 - F. Parent Factors**
 - G. Practice Video 1**
 - H. Practice Videos**
 - I. Parents' Experience**

- V. The SOS Approach to Feeding – Theoretical Requirements**
 - A. Systematic Desensitization**

10:15am to 10:30am

Break

10:30am to 12:30pm

- V. The SOS Approach to Feeding – Theoretical Requirements** - continued
 - B. Cues to Eating**
 - C. Language Use**

- VI. The SOS Approach to Feeding – Therapy Sessions** - continued
 - D. Therapy Format - Child**
 - 1. Room Set-Up + Modifications**

12:30pm to 1:30pm

Lunch - Provided

1:30pm to 3:30pm

- VI. The SOS Approach to Feeding – Therapy Sessions** - continued
 - D. Therapy Format – Child** - continued
 - 2. Session Structure & Routine**
 - E. Therapy Format – Parent**
 - F. Modifications Across Settings**
 - G. Sensory Based Problem Solving**

3:30pm to 3:45pm

Break

DAY 3 continued:

- 3:45pm to 5:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
H. Progression Across Sessions
I. Graduation Criteria & SOS Data
J. Building a Food Hierarchy
1. Requirements
- 5:30pm to 5:45pm **End of Day Test** - open book

DAY 4:

- 8:00am to 10:15am **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
J. Building a Food Hierarchy
2. Practice
K. Hierarchy Strategies – Moving Children Up the Steps
1. Play techniques per Step
- 10:15am to 10:30am **Break**
- 10:30am to 12:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
K. Hierarchy Strategies – Moving Children Up the Steps - continued
1. Play techniques per Step - continued
2. Practicing hierarchy strategies
L. Hierarchy Strategies – Oral Motor Steps to Eating
- 12:30pm to 1:30pm **Lunch** - Provided
- 1:30pm to 3:30pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
M. Video: Progression Within Session
N. SOS Data
- VII. Managing Other Maladaptive Behaviors**
A. Intervention strategies – Perseveration & Vomiting
B. Emotion Based Discipline
- 3:30pm to 3:45pm **End of Day Test**– open book

**** This Conference has a 100% Attendance requirement. Participants are expected to attend the course and participate fully for the entire length of each day (8:00am to 5:30pm Days 1-3 and 8:00am to 3:30 pm on Day 4) in order to receive their Certificate and CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.**