Purees



Yogurt



Bean Dip (smooth)



Nut butter



Hummus



Easy Cheese



Cream Cheese



Queso



Dairy or Coconut Whipped Cream



Steak Sauce



Flavored Syrups



Pudding



Frosting



Alfredo Sauce



Gravy



Salad Dressing (Ranch, Catalina, Balsamic, Honey Mustard, 1000 Island, Italian, etc.)



Barbecue Sauce



Guacamole (smooth)



Ketchup & Pizza Sauce



Applesauce



Fruit/Vegetable Purees

Hard Munchables



Hard Jerkey Strips



Slim Jim's



Pepperoni or Meat Sticks



Biltong Sticks



Stale Licorice



Lollypops & Candy Canes



Very Hard Biter Biscuits



Cliff Kid Ropes



Raw Carrot Sticks (not baby carrots)



Jicama Sticks



Celery Sticks



Mini Bell Peppers



Asparagus Stems (only hard bottom)



Lemongrass Sticks



Raw Broccoli Stems



Whole Dill Pickles



Frozen Melon Strips



Dried Cantaloupe



Dried Mango



Dried Papaya Spears

Meltables



Snap Pea Crisps



Lentil Snaps



Peanut Butter Bamba



Gaathiya



Ritz & Towne Crackers



Graham Cracker Sticks



Melty Biter Biscuits



Baby Cereal Puffs



Yogurt Melts



Popsicles/Creamsicles



Froot Loops



Baby Mum Mums



Animal Crackers



Pirate's Booty



Kiddylicious Sticks



Veggie/Apple Straws



Cheeto Puffs



Chocolate



Merangue Cookies



Veggie Puffs



Frozen Fruit Bars (100% juice)



Freeze Dried Strawberries



Freeze Dried Mango



Gerber Cereal Squares

Soft Cubes



Kraft Mozzarella





(cut into squares or roll into balls)

Shredded Cheese

Velveeta Cheese Cubes

Cottage Cheese









Tofu Cubes

SPAM

Vienna Sausages

Pumpkin/Banana **Bread**







Boiled Potatoes

Jello

Vegetable Soup Pieces (broth drained)

Overcooked Sweet Potato or Squash Cubes











Avocado Chunks

Gerber Graduates Fruits

Canned Vegetables

Cooked Carrots









Banana Chunks

Mandarin Orange Cup

Diced Peaches Cup

Diced Pear Cup

Soft Mechanicals

Single Texture



Cooked Beans



Soft Meat from Soups (without broth)



Cubed Bologna



Thin Deli Meats – cut into small rectangles



Scrambled Eggs



Hardboiled Egg White



Hard boiled Egg Yolk



Meatballs



Sausage Patty



Canned Tuna



Canned Chicken



Canned Salmon



(no chunks or topping)



Soft, Small Pasta



Tater Tots



Hash Brown Patties



Marshmallows



Rice



Pancakes



White Bread (no crust)



Sweet Potato Fries



Cooked Apples



Fresh Mango Cubes



Steamed Broccoli or Cauliflower

Soft Mechanicals

Mixed Texture



Lasagna



Grilled Cheese Sandwich



Soft Chicken Nuggets and Chicken Patties



Microwavable Children's Meals



Mozzarella Sticks



Fish Sticks



Veggie Burgers



Cheese Pizza



SpaghettiOs



Pasta with Smooth Sauce



Macaroni and Cheese



Ravioli & Tortellini



French Toast Sticks



Soft Granola Bar



Oatmeal



Nutrigrain & Fig Bars



Berries & Grapes



Peas & Edamame



Green Bean Fries



Crispy French Fries

Hard Mechanicals



Hamburger



Nuts



Popcorn



Kettle Potato Chips



Cheez-It Crackers



Hard Raw Fruits with Peels



Steak



Nut Thins



Pretzel Rods



Hard Cookies



Bagel Bites



Hard Raw Vegetables



Pork Chop



Peanut Butter Filled Pretzels



Very Crunchy
Crackers



Tortilla Chips



Rice Cakes



Raisins



Chicken Breast



Dry Roasted Edamame



Hard Granola Bar



Fruit Snacks



Jelly Beans



Dried Fruit