

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

LIVE STREAMED CONFERENCE AGENDA

DAY 1 :

- 7:30am to 8:00am **ANNOUNCEMENTS** (*Instead of Registration*) regarding requirements and conference structure, CE's, other administrative details, ZOOM introduction and test of your interactive capabilities
- 8:00am to 10:00am **I. Introduction**
A. Prevalence Data – Feeding Problems
B. Prevalence Data – Growth Problems
C. Complexity of Feeding/Eating & the Role of the Environment
- 10:00am to 10:15am **Break**
- 10:15am to noon
D. Tenets of SOS
E. Top 10 Myths - Overview
F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones** - How children learn to AND not to eat
A. Learning Theory
1. Feeding Therapy Options
- 12:00pm to 12:15pm **SOS Test Questions** - *On Your Own*
- 12:15pm to 1:00pm **Lunch** - *On Your Own*
- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** (continued)
2. Learning Video
B. Myth 1 = Breathing
C. Motor Skill Acquisition
- 3:00pm to 3:15 pm **Break**
- 3:15pm to 5:00pm **D. Oral-Motor Skills & Developmental Food Continuum**
- 5:00pm to 5:15pm **SOS Test Questions** - *On Your Own*

DAY 2:

- 8:00am to 10:00am **II. Feeding Theory & Milestones** - continued
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
- 10:00am to 10:15am Break
- 10:15am to noon **II. Feeding Theory & Milestones** – continued
G. Steps to Eating - Overview
H. Cognitive Development
- 12:00pm to 12:15pm SOS Test Questions - *On Your Own*
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **II. Feeding Theory & Milestones** – continued
I. Psychological Developmental Stages
- III. Treatment/Interventions**
A. General Treatment Strategies
1. Social Role Modeling
2. Structure/Routine
- 3:00pm to 3:15pm Break
- 3:15pm to 5:00pm **III. Treatment/Interventions** - continued
A. General Treatment Strategies - continued
3. The Correct Use of Reinforcement
4. Accessing the Cognitive
B. Food Jags
- IV. Assessment of Feeding Problems**
A. Assessment Process
B. Referral Candidates
C. Reasons Children Won't Eat
D. Child Factors
- 5:00pm to 5:15pm SOS Test Questions - *On Your Own*

DAY 3:

- 8:00am to 10:00am **IV. Assessment of Feeding Problems** - continued
E. Environmental Factors
F. Parent Factors
G. Practice Videos
H. Parents' Experience
- 10:00am to 10:15am Break
- 10:15am to noon **V. The SOS Approach to Feeding – Theoretical Requirements**
A. Systematic Desensitization
B. Cues to Eating
C. Language Use

DAY 3: continued

- 12:00pm to 12:15pm SOS Test Questions - *On Your Own*
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions**
D. Therapy Format - Child
1. Room Set-Up + Modifications
2. Session Structure & Routine
- 3:00pm to 3:15 pm Break
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
E. Therapy Format – Parent
F. Modifications Across Settings
G. Sensory Based Problem Solving
- 5:00pm to 5:15pm SOS Test Questions - *On Your Own*

DAY 4:

- 8:00am to 10:00am **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
H. Progression Across Sessions
I. Graduation Criteria & SOS Data
J. Building a Food Hierarchy
1. Requirements
- 10:00am to 10:15am Break
- 10:15am to noon **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
J. Building a Food Hierarchy – continued
2. Practice
K. Hierarchy Strategies – Moving Children Up the Steps
1. Play techniques per Step
2. Practicing hierarchy strategies
- 12:00pm to 12:15pm SOS Test Questions - *On Your Own*
- 12:15pm to 1:00pm Lunch - *On Your Own*
- 1:00pm to 3:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
K. Hierarchy Strategies – Moving Children Up the Steps - continued
L. Hierarchy Strategies – Oral Motor Steps to Eating
- 3:00pm to 3:15 pm Break
- 3:15pm to 5:00pm **VI. The SOS Approach to Feeding – Therapy Sessions** - continued
M. Video: Progression Within Session
N. SOS Data
- VII. Managing Other Maladaptive Behaviors**
A. Intervention strategies – Perseveration & Vomiting
B. Emotion Based Discipline
- 5:00pm to 5:15pm SOS Test Questions - *On Your Own*

** Participants are expected to attend the course for the entire length of each day (8am to 5pm), in order to receive their Certificate and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early.